



SWIM LESSON REGISTRATION GUIDE

Recreation Department

IS YOUR CHILD CONSISTENTLY COMFORTABLE IN THE WATER WITHOUT AN ADULT?



YES

Can your child bob underwater and demonstrate basic kicking in water?



NO



Parent & Me: 6 Months - 3 years



YES

Can your child float assisted on their front and back, blow bubbles, and enter/exit water independently?



NO



Preschool: 3- 5 Years



YES

Can your child float unassisted on their front and back, glide on their front and back, and demonstrate freestyle ?



NO



Level 1: 5 years & Up



YES

Can your child swim Freestyle, Backstroke and Streamline 12 m (1/2 length of the pool) and demonstrate 1 dive?



NO



Level 2: 5 years & Up



YES

Can your child swim Freestyle, Backstroke, & Elementary Backstroke full length of the pool, demonstrate 2 dives and tread water for 1 minute?



NO



Level 3: 6 years & Up



YES

Can your child swim Freestyle, Backstroke, Elementary Backstroke, & Breaststroke 2 lengths of the pool, demonstrate 3 dives and tread water for 2 minutes?



NO



Level 4: 6 Years & Up

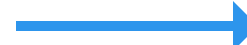


YES

Can your child swim Freestyle, Backstroke, & Breaststroke 2 lengths of the pool and swim Butterfly 1 length of the pool?



NO



Level 5: 6 Years & Up

Stroke Correction- Stroke refinement and fitness
&
Swim Team



If you have additional questions, please contact the Recreation Department at 209-538-5628.